

Church of St. James the Apostle

Schedule of Regular Services

Sundays

08:30 am Holy Communion (said)

10:00 am Adult Bible Study

11:00 am Sung Eucharist
(1st, 2nd & 4th week)
Sung Morning Prayer
(3rd & 5th week)

Wednesdays

12:15 pm Bread for the Body,
Food for the Soul
Celebration of the Eucharist, soup
and reflection

Office Hours

Monday to Friday
9:00 am to 2:00 pm

Church Hours

Monday to Friday
9:00 am to 2:00 pm

Incumbent

The Rev'd Canon Linda Borden Taylor

Curate

The Rev'd Robert Camara

Honorary Assistants

The Ven. Peter D. Hannen
The Rev'd Professor Patricia G. Kirkpatrick

Director of Music

Scott Bradford

Administrative Assistant

Glenda Pietrantonio

Following A Rule of Life: An Introduction to Creating Your Own Rule of Life

A 5-session study and reflection,
on Sundays in Lent,
examining the elements of
a Rule of Life, helping you
to draft and write your own personal
rule of life for your spiritual journey.

Sunday, February 26th

Sunday, March 4th

Sunday, March 11th

Sunday, March 18th

Sunday, March 25th

From Ignatius to Benedict to Francis,
rules of life have been crucial to
ordering one's spiritual life.
Study the elements of different
rules of life and create or adapt one
for yourself as we prepare
ourselves for the celebration of the
Resurrection of Jesus.

Join us for our Lenten Study
in preparation for Easter.

Sunday afternoons 12:30—1:30 pm
(after the 11:00 am worship service)
in Shatford Hall
(1439, rue Ste-Catherine Ouest)

Mission Statement

As a community of Anglican Christians set
in the heart of Montreal, we are called to
nurture our common faith and life through
prayer, sacraments, Christian teaching and
fellowship, and to relate to the wider
community by sharing faith and
responding to needs.

Bread for the Body, Food for the Soul

Wednesdays at 12:15 pm
January—April 2012

Church of St. James the Apostle

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What is Bread for the Body, Food for the Soul?

Bread for the Body, Food for the Soul is a weekly gather-

ing of people who come together to explore their faith and worship in a more intimate and personal setting.

At first glance, "Bread for the Body, Food for the Soul" looks like a fancy name for a luncheon. But it is much more than that.

Each week we gather in the church at 12:15 pm to celebrate a table Eucharist together and break bread over a filling soup lunch. During lunch, we have the opportunity to meet new people or catch up with some of our friends from the community.

While we wrap up the lunch we continue the table conversation with a spiritual reflection on a given theme. The topics vary from week to week but the aim is to examine how our faith interrelates with modern culture and can be lived out in today's society—challenging us to understand our faith as a way of life, not just a Sunday practice.

We try to wrap up with a final prayer by 1:15 pm. Everyone is welcome. Come and break bread with us, and continue to explore your faith throughout the week!

Winter 2012—Seeking God A Look at Christian Spiritualities Throughout the Centuries

January 11, 2012

Irenaeus (c. 130—c. 200)
Early Christian Spirituality
The Rev'd Canon Linda Borden Taylor

January 18, 2012

Antony (c.251—355)
The Desert Fathers
The Ven. Peter Hannen

January 25, 2012

Gregory of Nyssa (c.335—c.395)
The Cappadocians
The Rev'd Robert Camara



February 1, 2012

Augustine of Hippo (354—430)
The Birth of Western Spirituality
The Rev'd Canon Linda Borden Taylor

February 8, 2012

Benedict of Nursia (c. 480—547)
Western Monasticism
The Rev'd Canon Linda Borden Taylor

February 15, 2012

Symeon the New Theologian (949—1153)
Experiencing the Spirit
The Ven. Peter Hannen

February 22, 2012

Anselm (1033/4—1109)
Medieval Spirituality I
The Rev'd Robert Camara

February 29, 2012

Bernard of Clairvaux (1090—1153)
Medieval Spirituality II
The Ven. Peter Hannen

March 7, 2012

Francis of Assisi (1181/2—1226)
The Mendicants
The Rev'd Robert Camara

March 14, 2012

Julian of Norwich (1342—c.1420)
The English Mystics
The Rev'd Canon Linda Borden Taylor

March 21, 2012

Martin Luther (1483—1546)
Reformation I
The Ven. Peter Hannen

March 28, 2012

Ignatius of Loyola (1491—1556)
The Jesuits
The Rev'd Canon Linda Borden Taylor

Our gathering of Bread for the Body, Food for the Soul breaks for a few weeks and reconvenes after Easter on Wednesday, April 18, 2012. Join us for worship during Holy Week and Easter celebrations!



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